Wendel Family Dental Centre
Instructions for Immediate Dentures

Your denture will be ready to wear the same day that your teeth are removed.

Your denture must, if possible, stay in for one full day to act as a “bandage” after extractions. After the first 24 hours, take it out every night.

You must return within the next few days for the dentist to see how you are doing.

The denture will act as a "bandage" while your tissues heal, and will also allow you to smile, talk and eat.

During the first week or so, your gums will be sore, and you should eat mostly a liquid diet of soft foods. Your denture may feel loose. If your denture is too loose, return for a soft reline appointment. If you have a sore spot that is bothering you, call for an adjustment appointment (usually the same day will be available when you call).

Chewing and speaking will feel different than with natural teeth, and you will make progress with this as you heal. An upper denture may cause some gagging, which most often will decrease over time.

You must return in about 6 months for a permanent denture reline.

Use only Polident brand denture cleanser while you have the soft reline material in your dentures.

Your Dentist is Dr. ____________

If you have any questions or concerns that are not addressed here, please call the appropriate office number below.

Vancouver
7012 NE 40th Street
Vancouver, WA 98661
360-254-5254

Salmon Creek
1300 NE 134th Street
Vancouver, WA 98685
360-546-5208

Hiddenbrook
19111 SE 34th Street
Vancouver, WA 98683
360-823-0427